

MARCH 2023 BREAKFAST

Did you know...

- We use heart healthy whole-grain breads and serve 100% fruit juice
- Milk is available with all meals; Milk contains no artificial growth hormones or antibiotics
- Nutrition and allergen information available at www.FSPro.com
- Menu items do not contain pork
- * Item does not contain meat

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
1. What kind of shoes do spies wear? 2. What do you call a fake noodle?  © 1 Spoonfuls, 2 Asap's		1 Vanilla Belgian Waffle Fresh Fruit Applesauce Cup	2 Pumpkin Bread Fruit Cup Fresh Fruit	3 Froot Loops Vanilla Yogurt Fresh Fruit 100% Fruit Juice
6 Banana Muffin Vanilla Yogurt Fresh Fruit 100% Fruit Juice	7 Bagel Cream Cheese Fresh Fruit Applesauce Cup	8 Mini Strawberry Creamy Cheese Bagel Fresh Fruit Craisins	9 Cinnamon Breakfast Round Fresh Fruit 100% Fruit Juice	10 Cheerios Cheese Slick Fresh Fruit Applesauce Cup
13 Apple Cinnamon Muffin Cheese Stick Fresh Fruit 100% Fruit Juice	14 Golden Grahams Vanilla Yogurt Fresh Fruit Fruit Cup	15 Blueberry Belgian Waffle * Fresh Fruit 100% Fruit Juice	16 Banana Bread Fruit Cup Fresh Fruit	17 HAPPY ST. PATTY'S DAY Lucky Charms Vanilla Yogurt Fresh Fruit Applesauce Cup
20 Blueberry Muffin Vanilla Yogurt Fresh Fruit Applesauce Cup	21 Strawberry Nutri-Grain Bar Cheese Cubes Fresh Fruit 100% Fruit Juice	22 Cinni Minis Fresh Fruit Craisins	23 Oatmeal Chocolate Chip Breakfast Round Fresh Fruit 100% Fruit Juice	24 Frosted Flakes Cheese Slick Fresh Fruit Applesauce Cup
27 Chocolate Muffin Cheese Stick Fresh Fruit Applesauce Cup	28 Cinnamon Breakfast Round Fresh Fruit Fruit Cup	29 Strawberry Belgian Waffle Fresh Fruit 100% Fruit Juice	30 Bagel Grape Jelly Fresh Fruit Fruit Cup	31 Rice Chex Vanilla Yogurt Fresh Fruit 100% Fruit Juice

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