

# OCTOBER 2024 LUNCH

## HALLOWEEN HUMOR



Question:

What is a Scarecrow's favorite fruit?  
How does a Scarecrow drink it's juice?



Answer:

STRAW-berries  
With a Straw

Monday	Tuesday	Wednesday	Thursday	Friday
	01 <b>Cheese Ravioli</b> Spaghetti Sauce or  Broccoli Sweet Potato Tots Fresh Apple	02 <b>Yogurt Parfait</b>  Strawberry Yogurt / Granola Cucumbers Slices / Carrots Sunflower Seeds / Honey Graham Crackers  Fresh Pear	03 <b>Chicken &amp; Waffles</b> Syrup / Blueberries  Corn Tater Tots	04 <b>Cheese Pizza Wedge</b>  Romaine Salad/Grape Tomatoes/Carrots  Orange
07 <b>Mini Corn Dogs</b> Ketchup  Peas & Carrots Baked Beans+ Fresh Apple	08 <b>Popcorn Chicken</b> Educational Crackers / BBQ Sauce  Broccoli Diced Carrots Fresh Orange	09 <b>Grilled Chicken Sandwich</b>  Green Beans Tater Tots Fresh Melon Applesauce	10 <b>Chicken Nuggets</b> BBQ Sauce Corn <b>Fresh Apple</b>  <b>Apple Crunch Day!</b> 	11 <b>Bosco Sticks</b> Marinara Sauce  Romaine Salad/Italian Dressing Baby Carrots Cantaloupe Raisins
<u><b>NATIONAL</b></u>	<u><b>SCHOOL</b></u> ↓	<u><b>LUNCH</b></u>	<u><b>WEEK</b></u>	<u><b>JOIN US FOR LUNCH</b></u>
14 <b>BBQ Chicken Chunks</b> BBQ Sauce / Cheese Crackers or <del><b>Ham Burger</b></del> Ketchup / Mustard  Green Beans Baked Beans+ Fresh Apple	15 <b>NEW</b> ↓ <b>Chicken Tacos</b> Cheddar Cheese / Flour Tortilla  Corn Pinto Beans Pineapple Tidbits	16 <b>Chicken Strips</b> Diced Carrots / BBQ Sauce  Tater Tots Banana	17 <b>NATIONAL PASTA DAY</b>  <b>Chicken Parmesan</b>  Spaghetti Sauce Pasta Broccoli & Cauliflower Fresh Pear	18 <b>Grilled Cheese</b>  Romaine Salad/Ranch Grape Tomatoes Cole Slaw Diced Peaches
21 <b>Hot Dog</b> Ketchup / Mustard / Tropical Fruit  Green Beans Sweet Potato Tots Tropical Fruit Cup	22 <b>Chicken Strips</b> BBQ Sauce or  Diced Carrots Baked Beans+ Fresh Pear	23 <b>Cheese Pizza</b> Carrots / Juice / Ranch Dressing  Fresh Orange	24 <b>French Toast Sticks</b> Turkey Sausage / Blueberries / Syrup  Broccoli / Applesauce / Cheese Crackers BBQ Sauce  Tater Tots	25 <b>Cheesy French Bread</b>  Baby Carrots Cole Slaw Pineapple Tidbits
28 <b>Galaxy Cheese Pizza</b> Carrots / Raisins  Broccoli Mandarin Oranges	29 <b>Chicken Nuggets</b>  BBQ Sauce  Green Peas Fresh Pear	30 <b>Mini Corn Dogs</b> Baked Beans / Ketchup / Mustard  Green Beans Flavored Applesauce	31 <b>Taco Bites</b> Taco Sauce  Corn Pinto Beans Cantaloupe	 

**K-8 AB**

MILK contains no artificial growth hormones or antibiotics

We use whole grain breads and 100% fruit juice

Nutrition and allergen information  
available at [www.FSPpro.com](http://www.FSPpro.com)

Milk is available with all meals  
Menu items do not contain pork  
+ Does not contain meat