

FEBRUARY 2023 LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
February Food Fun Holidays 2 2: National Tater Tot Day 2 9: National Pizza Day 2 15: National Italian Food Day Random Act of Kindness Day: Feb 17th How will you celebrate?				
1 Chili Con Carne Cornbread Poppers or Rotini with Meatballs or Baja Salad + Corn Muffin / Ranch Dressing Steamed Green Beans Fresh Fruit	2 Classic Hamburger Mustard or Hot Diggity Dog Ketchup or Italian Salad Breadstick / Italian Dressing Tater Tots / Ketchup Fresh Fruit Cheez-Its	3 Teriyaki Chicken Bowl Brown Rice or Jumbo Cheese Ravioli or Popcorn Chicken Salad Breadstick / Ranch Dressing Baked Beans Applesauce Cup Belly Bear Grahams		
6 French Toast Sticks Poultry Sausage or Cheeseburger Meatloaf Dinner Roll or Fresh Apple & Cheese Plate + / Goldfish Pretzels French Fries / Ketchup Applesauce Cup Goldfish Pretzels	7 White Meat Chicken Tenders Breadstick / BBQ Sauce or Mini Corn Dogs Mustard or Vanilla Yogurt w/ Granola + Cinnamon Belly Beans Sweet Golden Corn 100% Fruit Juice	8 Chicken Enchiladas or Teriyaki Beef Dippers Brown Rice or Popcorn Chicken Salad Breadstick / Ranch Dressing Black Beans Fresh Fruit Cheez-Its	9 Deep Dish Galaxy Pizza or NEW: Parmesan Chicken Flatbread or All-American Salad Dinner Roll / French Dressing Steamed Broccoli Fruit Cup	10 Salisbury Steak w/ Gravy & Mashed Potatoes/ Dinner Roll or Chicken & Waffles or Chicken Caesar Salad Dinner Roll / Caesar Dressing Steamed Carrots Fresh Fruit Animal Crackers
13 Meatball Pizza Sub or Italian Cheese & Garlic Cheesy Pull Aparts + or Vanilla Yogurt w/ Granola + Cinnamon Belly Beans Tater Tots / Ketchup Fresh Fruit	14 VALENTINES DAY Bosco Slicks + Marinara Sauce or Chicken Tacos Taco Sauce or Fresh Apple & Cheese Plate + / Goldfish Pretzels Steamed Mixed Veggies Fresh Fruit Holiday Cookie	15 Cheesy Baked Penne + or Rotini with Meatballs or Italian Salad Italian Dressing Breadstick Baby Carrots Fresh Fruit	16 Southwest Queso Cheesy Pull-Aparts + or Chicken LoMein or Baja Salad + Corn Muffin / Ranch Dressing Black Beans Fruit Cup	17 NEW: Shepard's Pie Dinner Roll or Hot Diggity Dog or Strawberry Yogurt w/ Granola + / Scooby Doo Grahams Tossed Salad / Ranch Dressing Grape Tomatoes Fresh Fruit
20 PRESIDENT'S DAY Classic Hamburger Ketchup or Finger Uckin' Chicken Breadstick or Fresh Apple & Cheese Plate + / Goldfish Pretzels Sweet Potato Fries 100% Fruit Juice	21 Chicken Parmesan with Spaghetti or Beef Tacos Taco Sauce or Popcorn Chicken Salad Breadstick / Ranch Dressing Black Beans Fresh Fruit	22 ASH WEDNESDAY Cheesy Flatbread + or Mac & Cheese + or Strawberry Yogurt w/ Granola + / Scooby Doo Grahams Steamed Mixed Veggies Fresh Fruit	23 Korean Meatballs Brown Rice or Deep Dish Galaxy Cheese Pizza + or All-American Salad Dinner Roll / French Dressing Steamed Broccoli Applesauce Cup	24 Pizza Crunchers + Marinara Sauce or Fish Sticks Breadstick or Vanilla Yogurt w/ Granola + Goldfish Pretzels Tater Tots / Ketchup Fruit Cup Cheez-Its
27 Chili Con Carne Cornbread Poppers or Hot Diggity Dog Ketchup or Strawberry Yogurt w/ Granola + / Scooby Doo Grahams Steamed Broccoli Applesauce Cup	28 Breaded Chicken Sandwich BBQ Sauce or BBQ Meatball Sub or Fresh Apple & Cheese Plate + / Goldfish Pretzels French Fries / Ketchup Fresh Fruit	Did you know... - We use heart healthy whole-grain breads and serve 100% fruit juice - Milk is available with all meals: Milk contains no artificial growth hormones or antibiotics - Nutrition and allergen information available at www.FSPro.com - Menu items do not contain pork + Item does not contain meat *Menu Subject to Change*		

Please visit us at www.FSPro.com

This brochure is an equal opportunity provider.

ABSSL